

Office use only Initial approval:

With effect from:

Date and details of revision:

11/01/2018

01/09/2019

## **MODULE SPECIFICATION PROFORMA**

Module Code:	SOC440						
Module Title:	Attachment Theory						
Level:	4	Credit Value:		20			
Cost Centre(s):	GASW	JACS3 code:		C821			
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School:	Social & Life Sciences		Module Leader:	Dr	Dr Vivienne Dacre		
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Scheduled learning and teaching hours			36 hrs				
Guided independent study			164 hrs				
Placement n/a hr					n/a hrs		
Module duration	(total hours)						200 hrs
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Programme(s) in which to be offered (not including exit awards)  Core Option							· ·
Standalone Module − Aligned with FdA Therapeutic Child Care ✓					✓		
Pre-requisites							

Version no: 1

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# **Module Aims**

To acquaint students with current explanations of attachment theory in relation to the complex and diverse needs of children with a history of trauma, separation and loss.

# **Intended Learning Outcomes**

Key skills for employability

KS1	Written, oral and media communication skills
KS2	Leadership, team working and networking skills
KS3	Opportunity, creativity and problem solving skills
KS4	Information technology skills and digital literacy
KS5	Information management skills
KS6	Research skills
KS7	Intercultural and sustainability skills
KS8	Career management skills
KS9	Learning to learn (managing personal and professional development, self-

management)
KS10 Numeracy

At	the end of this module, students will be able to	Key Skills	
1	Evaluate factors influencing the development of attachment	KS1 KS5	KS3
2	Recognise the significance of the 'inner working model' in human development	KS1 KS4	KS3
3	Identify and understand patterns of attachment behaviours	KS1	KS5
4	Demonstrate understanding of theories of attachment in relation to children who have experienced trauma, separation and loss.	KS1 KS6	KS5 KS9

### Transferable skills and other attributes

Written skills, IT; Problem solving; Organising; Working to deadlines; Making decisions; Research skills.

None

#### Assessment:

Indicative Assessment Tasks:

A workbook including case scenarios and a series of six questions. Each 500-word answer is developed alongside the programme of learning.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)	Duration (if exam)	Word count (or equivalent if appropriate)
1	1,2,3,4.	Coursework	100%		3,000

### **Learning and Teaching Strategies:**

The module will be taught through a blended learning approach of face to face classroom sessions and e learning. Tutors will engage with students through the medium of the VLE. Additional support will be accessed through group or individual tutorials

#### Syllabus outline:

#### Central themes and core concepts of attachment theory:

- The origins of attachment theory;
- A bio-psychosocial perspective of attachment and attachment formation;
- Characteristics of an attachment relationship;
- Adaptation, mental representations and the internal working model;
- Patterns of attachment, defensive processes;

#### Theory into practice:

- Working with attachment in mind;
- Separation and loss, hidden dimensions of grief;
- Adult self-care, managing complex feelings.

### **Indicative Bibliography:**

### **Essential reading**

Schofield, G., Beek, M. (2006), *Attachment handbook for foster care and adoption*. London BAAF.

Taylor, C. (2010), *Caring for children and teenagers with attachment difficulties*. London: Jessica Kingsley Publications.

### Other indicative reading

Barton, S. Gonzalez, R. Tomlinson, P. (2012), *Therapeutic residential care for children and young people: an attachment and trauma-informed model for practice.* London: Jessica Kingsley Publications.

Cairns, K., Cairns, B. (2016), *Attachment trauma and resilience: therapeutic caring for children*. London: BAAF.

Fahlberg, V. (2012), A child's journey through placement. London: BAAF.

Golding, K. (2007), *Nurturing attachments: supporting children who are fostered or adopted*, London: Jessica Kingsley Publications.

Howe, D. (2011), Attachment across the life course. Basingstoke: Palgrave MacMillan.

Howarth, J. (ed.) (2009), *The child's world: the comprehensive guide to assessing children in need.* London: Jessica Kingsley Publications.